



## Feb 1, 2026

*Gathered and gifted to celebrate and share the love of Jesus*

<b>SUNDAY</b>	8:30 am	-	Adult Bible Study
	9:30 am	-	Worship
	9:45 am	-	Children's Sunday School during worship
	10:30 am	-	Fellowship
<b>MONDAY</b>	9:00 am	-	Friendly Ties Quilters (1 <sup>st</sup> and 3 <sup>rd</sup> Mondays)
<b>TUESDAY</b>	11:00am	-	Bible Study
<b>WEDNESDAY</b>	1:00 pm	-	Book Club
<b>THURSDAY</b>	1:00 pm	-	Shepherding Bible Study Group – (3 <sup>rd</sup> Thursday)
		-	Game Day – (1 <sup>st</sup> Thursday)
	1:00 pm	-	Movie Day – (4 <sup>th</sup> Thursday)
	6:30 pm	-	Church Council meeting – (2 <sup>nd</sup> Thursday)
<b>FRIDAY</b>	8:00 pm	-	AA and Al Anon
<b>SATURDAY</b>	10:00am	-	WELCA Ladies (Last Saturday of the Month)



### February Birthdays

Diane Schultz	3
Cindy Cutlip	5
Savannah Hughes	8
Robert Cornell	15
Debbye Boe	17
Nathan Schulte	21
Jaycee Durrant	22
Diane Baird	23
Samuel Salais	24
Mark Denniston	25
David Schulte	29



The flowers this morning are given to the Glory of God.

There are many dates available in the coming months. See the Flower Chart in the Fellowship Hall.

### Upcoming Events

**Feb 1** – Listening Circle

**Feb 1** – Family Promise Volunteer Meeting @4

**Feb 12** – Council Meeting

**Feb 19** – Shepherding Group

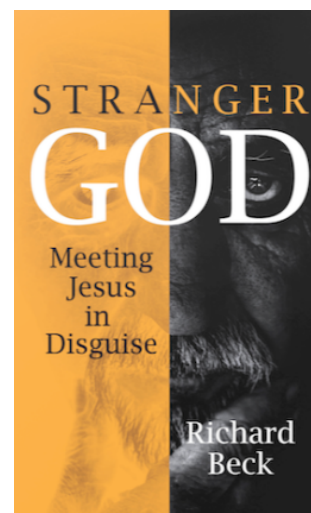


**Volunteer Meeting TODAY AT 4**



Thank you to Arliss Zimmerman for providing treats for coffee hour this morning

**Bible Study & Bood Club** will continue this week. Book club is starting a new book, "Stranger God", Meeting Jesus in Disguise by Richard Beck.



# Listening Circles

Please sign up for a ONE TIME – ONE HOUR group opportunity to give voice to seven questions that will help us discern the direction of Ascension Lutheran Church.

If you have questions, please talk to a member of the Transition Team.

## **A note from Pastor Debra**

I sent Pastor Debra a text to see how she was doing. This was her response.

Pain is still pretty intense. I'm so thankful for all the messages and calls and prayers. I'm receiving quite a lot of pain medication so I may be slow in responding. I'm so thankful for and feel the prayers offered. Praying for the cysts to dissolve on their own. This is the best option. Next option is injections. Unless spontaneous recovery occurs, I'll most likely be transferred to a skilled nursing rehab Monday or Tuesday. I'm so thankful for the incredible support everyone has provided and look forward to being back with you. Much love.

## **Update from the Financial Secretary:**

1. The 2025 Giving Statements are available in the Narthex. If you have questions about your statement, please speak to Pat Refsdal. Thank you so much for your generosity!!
2. Thanks to everyone who donates to the children's Noisy Offering each Sunday. For the 4th quarter of 2025, you donated \$660. This money will be sent to Lutheran World Relief organizations that provide humanitarian assistance to refugees fleeing difficult situations and persecution. Thank you for your very generous contributions.
3. For those members who have Thrivent investment accounts or insurance policies, March 31 is the yearly deadline to give your loyalty Choice Dollars to charity, hopefully that choice is Ascension. You can go online to [Thrivent.com](https://www.thrivent.com), and under Client Resources, set up the distribution of those dollars. If you have any questions, see Pat Refsdal for more details. Last year, our Thrivent members gave \$924 towards Ascension ministries.



Ascension Members,

Eric and I, along with Brian and Roni, want to thank all the Ascension members who made possible a beautiful and memorable Celebration of Life for our son, Chris. To Pastor Debra and Nancy Otto who planned a very lovely celebration of Chris' life; to Kamberlynn Washburn who provided beautiful music and a stunning solo; to Arliss Zimmerman who provided gorgeous flowers; to Kim, Joanna, Sharen and others who oversaw the reception, and to all the other members who did their part to make that day very special for us.

Thank you to everyone who attended the service, sent cards, made sure we were OK and sent memorials in Chris' name. Your openness allowed family members to attend a celebration of Chris' life that they were otherwise unable to participate in. Thank you so much...

Eric and Pat Refsdal  
908-625-2039



### Please Lift Up in Prayer








- Pastor Debra
- Pat & Eric Refsdal and Family
- The Family of Lucas Sweatman
- Tracie Truitt, friend of Alyson's
- Cory, Nancy Gale's son
- Jessica Stewart, Dick Graves's daughter
- Jefferson Barrett
- Maylan Chugg, Don & Dee's granddaughter
- Chris, friend of Alyson W.
- Amanda, friend of Alyson W.
- Henry, Nancy G's grandson
- Cheryl, friend of Alyson
- Mark Hughes and family
- Dick Graves
- Suzy and her family
- Alice, Anastasia, and all the people affected by the war in Ukraine
- Brian Washburn, Kamberlynn's dad
- Terry, Dee Brown's brother
- Ruth Dupee, friend of Maria
- Lynn & Carol Benson
- Don Hughes
- Don and Dee Brown
- Sue, Sharen's sister
- Dean and Val, Mike's brother and sister-in-law
- Steve Morlan
- Diana Warkentin
- David Stuart
- Sharen's Mahjong Group
- Babs B.
- Anne E.
- Baylee Rose, Danette's grandbaby
- Judy Neilsen, Carolyn's Aunt in law
- Michelle, friend of Pastor Debra
- Paula Del Carlo
- Casey, friend of Dick Graves
- Pam Burbank
- Steve, Pastor & James' son-in-law
- Judy P.
- Patti, Shari's daughter
- John Warkentin
- Frank, Diana Warkentin's brother
- Laura V, friend of Dana
- Lisa Samples, friend of Kelly
- Bill Britt, friend of Pastor Debra
- Keith Jacques
- Carolyn Day Slon
- Cindy Day

### †Praying for Loved Ones in the Military or deployed:

- Steve Johnson
- Kaleb Tarr, Ethan Lee, Michael Connelly (deployed 13 July 17, 2021)
- Dariyan Edsinger
- Mason Bushey and his wife Ida, and family
- Brody Wilcock
- Renee Kiel
- Justin Kiel
- Kris Kiel
- Matt Malde
- Jason Chugg
- Alex Treadway

If you would like to add someone to the prayer list, or would like to be added to our Prayer Warrior email group, please send Kelly an email [jeffnkelly2@msn.com](mailto:jeffnkelly2@msn.com)

**February**  
**Ascension Ministries**

 <b>SUN</b>	 <b>WORSHIP ASST</b>	 <b>ALTAR GUILD</b>	 <b>USHERS</b>	 <b>GREETERS</b>	 <b>ANNOUNCEMENT S</b>	 <b>COUNTERS</b>
Feb 1	Kim Engelby	Kim Engelby	Patti Hall & Stefani Rhees	John & Diana Warkentin	Council Member	CJ Jordan
Feb 8	Maria Schulte	Kim Engelby	Sharen Kamp & Ada Ingram	CJ Jordan	Council Member	CJ Jordan
Feb 15	Katie Young	Kim Engelby	Patti Hall & Stefani Rhees	Stefani Rhees	Council Member	Paula Del Carlo
Feb 22	Kelly Martin	Kim Engelby	James Jimenez	Joanna Wolf	Council Member	Joanna Wolf

If you have articles or information for the parish notes this week, they need to be to Kelly by 5pm this Friday.