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Parish Notes

Welcome to Worship

February 28, 2021

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Gathered and gifted to celebrate and share the love of Jesus

2nd Sunday in Lent

Matthew 8: 5-14

We are never alone, we are never lost to the
One who seeks humanity's wholeness.

Dear Friends in Christ,

Wednesday evening March 3rd, at 7 pm, we will gather either in the Fellowship Hall at Ascension or from home via Zoom. I know last week some of you had difficulty connecting to our Zoom Meeting. We hope to have those kinks worked out and improved sound quality for you. During our approximately 30-minute time together, we will reflect on words we hear Jesus speak in Matthew 8:5-13 "I will come." These are words taken from our Gospel for this Sunday. I invite you to do some reading ahead! Read this story and listen for God. How is God speaking to you?

For those participating from home Wednesday evening, I invite you to have a candle ready to light and possibly have a notebook or paper to make notes if you desire. I hope you'll use those notes as we move through Lent as a guide – a guide for where you are and insight into how God is with you. Also, we will be using beach glass during this time.

We have pieces of beach glass available in the Narthex at Ascension and you are invited to take several pieces. If that isn't convenient, you can choose other items in your home or yard. Perhaps you have stones in your yard or that you've collected or even broken branches. I invite you to look around and choose things that have been well used, perhaps showing wear or cracks.

Opening ourselves and being vulnerable, naming our own broken places and the pain of others requires courage. Thank you for being brave!! I am holding you in my heart and prayers and look forward to our time together.

Peace and blessings,

Pastor Debra

March Birthdays

Stefani Rhees	14
Jessica Cornell	22
Marlys Sorbo	23
Danette Cornell	23
Roy Zimmerman	29
Ashlee Fields	30
Hazel Ann Linke	30



Thank You Sharen!

Sharen Kamp has listened to the voice of the Spirit calling her and will serve as coordinator of our meal ministry. If you are willing to provide a meal for members of our congregation, please send her an email or a text and she will add you to her list of volunteers.



Ministry Position Vacancies

For the past couple of weeks, we have announced that we have several ministry positions opened. We have had a few people inquire, but none of them have been filled. Two of our most pressing needs are an Assistant Financial Secretary (helping Mylitta record our giving), and two members for the Audit Committee (meet quarterly to review our financial statements to ensure accuracy and transparency in our finances).

Would you please prayerfully consider serving in one of these positions. Please contact Kelly or Pat for more information.

Weber-Morgan COVID-19 Vaccine Waitlist

If you are having difficulty obtaining an appointment for a Covid-19 vaccine in Weber County, use this link to register for the Vaccine Waitlist. Participants will receive emails that include cancellation time slots and other available appointment dates and times:

WeberMorganHealth.org

As of this past Thursday, February 18th, seniors 65 and older, and individuals with specific medical conditions and are now eligible to pursue a Covid-19 vaccine appointment and register for the Vaccine Waitlist.

See the back page of the Parish Notes for a list of the qualifying medical conditions.

†Please Lift Up in Prayer:

- Lillian Hughes & Family
- Tracie Truitt, friend of Alyson's
- Kristy - Shari Morosky's daughter
- Joan Marlow
- Stephanie, niece of Gloria
- Cory, Nancy Byrne's son
- Pam Burbank
- Jessica Stewart, Dick Graves daughter
- Dan Harkin, Lillian Hughes cousin
- Delilah Sell, Lillian Hughes cousin
- Rebecca Rens and the Eyre Families
- Patti, Shari Morosky's sister
- Roy Zimmerman
- Randy and Janie Karas
- Jefferson Barrett
- Kyle and Kristen - friends of Kelly
- Maylan Chugg, Don & Dee's granddaughter
- Julie Jensen, Mike Williams' sister
- Heather Nolting, wife of Arliss' nephew
- Holly & Libby, friends of Kim Engelby
- Gloria Mike
- Chris, friend of Alyson W.
- Judy Sherman
- Henry, Nancy G's grandson
- Luci, Pastor Debra's daughter
- Justina, friend of Rebecca

- Sean Zeller, Pastor Gene's nephew
- Cheryl, friend of Alyson
- Mark Hughes and family
- Richard, Shari Morosky's husband
- Shelley, Diana Warkentin's friend
- Heidi, Diane Shultz' sister-in-law
- Don Hughes
- Dick Graves
- Paula and Dave Stuart and Paula's Dad
- Steve Morlan
- Ruth Ann Hudspeth, friend of Dick G.
- Charles, Arliss' brother
- Bob P.
- Bill, Arliss's Brother
- Mark B.
- Shari Morosky and her family
- Dee Brown
- PJ, friend of Kelly
- Toni, Pastor Debra's Sister-in-Law
- Patricia, friend of Dick G.

†Praying for Loved Ones in the Military:

- Kaleb Tarr
- Dariyan Edsinger
- Mason Bushey and his wife Ida, and family
- Brody Wilcock
- Renee Kiel
- Justin Kiel
- Kris Kiel
- Matt Malde
- Jason Chugg



Please send any prayer chain updates or requests to Kelly Martin. jeffnkelly2@msn.com

Food Donations for the Ogden Rescue Mission

During the month of Lent, we are collecting food donations to be given to the Ogden Rescue Mission. You can donate paper products, canned goods, non-perishables, rice, pasta, etc. The list of food items needed will be updated periodically. We will have a large basket on the altar where items can be deposited. Donations like yours make a big difference in the work Ascension is doing in the community.

Remember or Honor a Loved One with Easter Flowers

Next Sunday, March 7th through March 28th, we will begin collecting money for Easter flowers in honor of, or in memory of, a loved one. The flowers will be used to decorate our sanctuary during the worship service and throughout the Easter season. Cash or checks (made out to Ascension Lutheran Church) may be given to Pat Refsdal (908-625-2039) or Arliss Zimmerman - please include your name and your dedication. Thank you...

Making Personal Care Kits for Lutheran World Relief

As we mentioned previously, LWR has put out an appeal to the churches to make Personal Care Kits for world-wide use. Due to natural disasters, wars, and conditions in poverty-stricken areas, the warehouse for these kits is almost empty. These simple gifts help people around the world, reach their full potential and improve their standard of living. The directions and contents needed to build a kit are included with these Parish Notes.

During the remainder of the Lenten Season, we are going to begin this project to make Personal Care Kits for LWR. At our worship service on Sunday, we will display a poster outlining the directions - and demonstrate the contents and how to assemble a kit. Take home flyers will also be available. If you have any questions, contact Pat Refsdal, 908-625-2039 or Pastor Debra.



LUTHERAN WORLD RELIEF



PERSONAL CARE KITS

SOME IMPORTANT GUIDELINES TO REMEMBER

- Be sure to shop for light- or medium-weight towels, which are easier for Kit recipients to hand wash and air dry, take up less storage space and are considerably less expensive than the fluffier towels we may prefer to use.
- Bath towels vary in size. The 52" X 27" size listed in the guidelines is the maximum size. 20" x 40" is a good guideline for a minimum size.
- Please give new items only.
- Please do not donate items with any religious symbols, messages or your group's name.
- Please do not donate any items decorated with a U.S. flag, patriotic or military symbols, or references to the armed forces, including camouflage.
- Do not add other items or leave out any of the items listed.
- All items should be new and in good condition.
- Do not enclose the Kit or any of its contents in plastic bags.

INCLUDE THE FOLLOWING IN EACH PERSONAL CARE KIT

- ONE** light-weight bath-size towel (between 20" x 40" and 52" x 27"), dark color recommended
- TWO** or three bath-size bars of soap equaling 8 to 9 oz., any brand, in original wrapping
- ONE** adult-size toothbrush in its original packaging*
- ONE** sturdy comb, remove packaging
- ONE** metal nail clippers (attached file optional), remove packaging

* *Toothbrush multi-packs may be used by sealing an individual toothbrush in a business-size envelope; no plastic bags or wrap*

HOW TO PACK YOUR PROJECT PROMISE KITS

- Fold the towel in half. Place the rest of the items in the towel, fold and roll so nothing falls out, and secure with yarn, ribbon, string or rubber bands.
- Pack completed Kits, like items together, in boxes. Label contents in LARGE, BLOCK LETTERS on the outside of the boxes.
- Use strong cartons secured with packing tape, not to exceed 40 pounds.
- Do not use plastic or paper bags to pack donations.
- Include the name and address of your group or congregation on each box and label the contents

Here is the Zoom Link for Wednesday evenings. We will be using this same link every week. The meeting number and password will be the same every time. If you haven't used Zoom and would like some help, please call Kelly and she'll help you set it up.

Topic: Wednesday During Lent

Time: This is a recurring meeting

Join Zoom Meeting

<https://us04web.zoom.us/j/72977987273?pwd=WlYxYytVVjQ5dUZmZnB5L2VVK3Vkdz09>

Meeting ID: 729 7798 7273

Passcode: Lent

Upcoming Events

March 11 – Council Meeting, 7:30pm

March 13 – Pastor Debra's Installation, 2:00pm

March 28 – Palm Sunday

April 1 – Maundy Thursday, 7:00pm

April 2 – Good Friday, 7:00pm

April 3 – Easter Sunday, 9:30am

April 11-17 – Family Promise Host Week

April 25 – Compassion Sunday

Covid-19 Vaccination Qualifying Medical Conditions:

- Solid organ transplant recipients
- Cancer: non-hematologic diagnosed within last 1 year (excluding basal and squamous cell cancer diagnoses); hematologic diagnosed within last 5 years
- Receiving immunosuppression therapy
- Immunocompromised state (weakened immune system) from blood, bone marrow, or organ transplant; HIV; use of corticosteroids long-term; or use of other immune weakening medicines long-term
 - Severe kidney disease: on dialysis or with stage 4 or 5 chronic kidney disease
- Uncontrolled diabetes: patients with an A1c of 9.0 or higher
- People with a BMI of 40 or higher (also known as Class III or severe obesity)
- Chronic liver disease: chronic hepatitis B or C, chronic infective hepatitis (hepatitis B or C), alcohol-related liver disease, primary biliary cirrhosis, primary sclerosing cholangitis, or hemochromatosis
- Chronic heart disease (not hypertension): chronic heart failure, ischemic heart disease, and severe valve or congenital heart disease
 - Severe chronic respiratory disease (other than asthma): including severe chronic obstructive pulmonary disease, fibrosing lung disease, bronchiectasis or cystic fibrosis
- Neurologic conditions that impair respiratory function, including: motor neuron disease, myasthenia gravis, multiple sclerosis, Parkinson's disease, cerebral palsy, quadriplegia or hemiplegia, progressive cerebellar disease, epilepsy, Down syndrome
- Stroke and dementia (Alzheimer's, vascular, frontotemporal)
 - Asplenia including splenectomy or a spleen dysfunction, including sickle cell disease