



5th Sunday after the Epiphany
February 4, 2024



Ascension Lutheran Church

1105 N. Washington Blvd.

Ogden, UT 84404

801.782.2810

Welcome to Worship...

Welcome to all God's guests, including those who call themselves "members" of this church named Ascension Lutheran Church more than 50 years ago.

A special welcome to guests who are here for the first time or who call yourselves "visitors" among the people of this community.

It is at God's invitation, through worship, the Holy Spirit calls each of us to come to a place of **community, communion and commitment.**

Each of us brings a different lens to worship, and yet, in a worshiping community, these differences become celebrations of diversity.

Children are always welcome in worship services; however please know a nursery space is available for parents who need to tend to their little ones.

Introduction

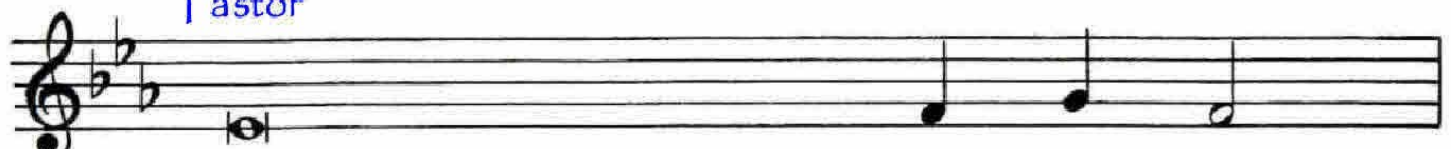
In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless.

So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (diakonia). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.

Welcome to Worship

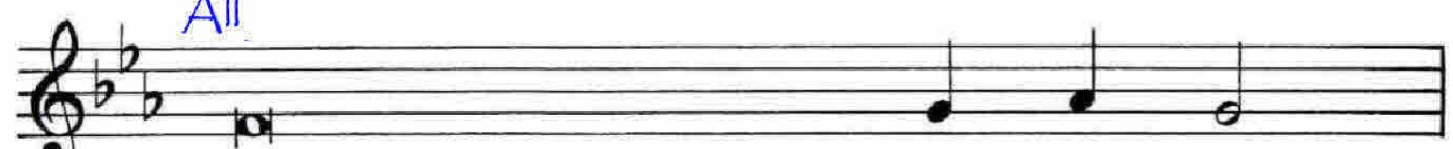
Opening Song

Pastor



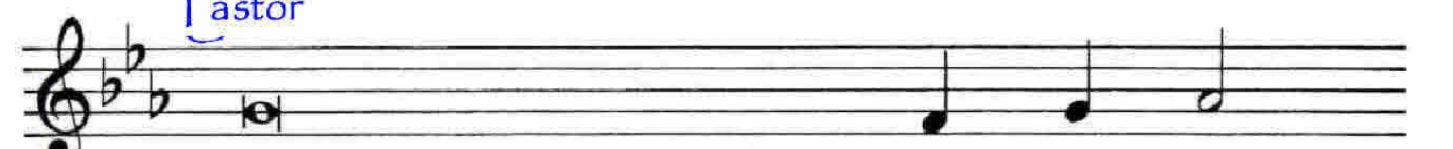
Jesus Christ, you are the light of the world;

All



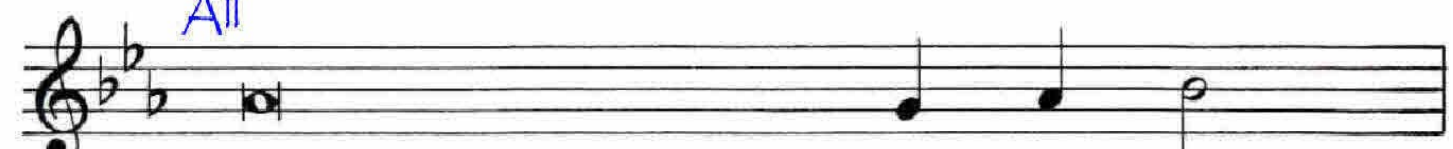
the light no darkness can o - ver - come;

Pastor



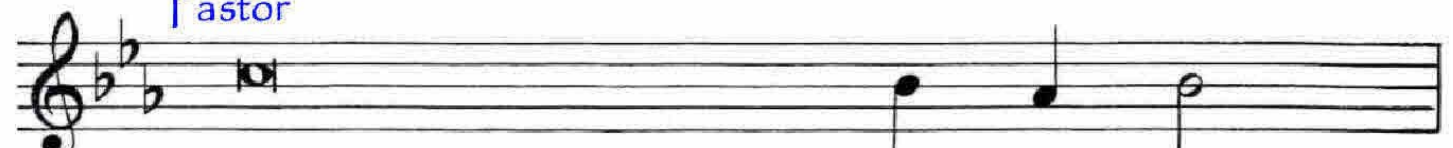
Stay with us now, for it is morning,

All



and the day is just be - gun.

Pastor



Let your light scat - ter the darkness,

All

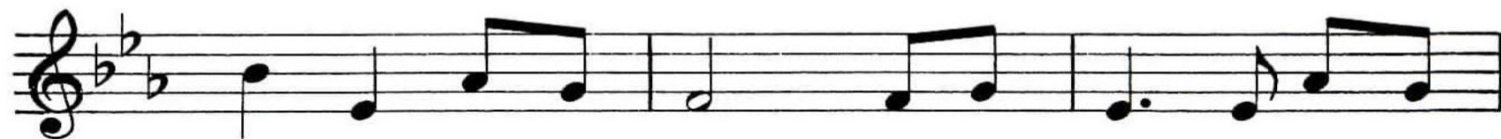


and shine within your peo - ple here. —

All:



1. Joy-ous light of heav-'nly glo - ry, lov - ing
2. In the stars that grace the dark - ness, in the
3. You who made the heav - en's splen - dor, ev - 'ry



glow of God's own face, you who sing cre - a - tion's
blaz - ing sun of dawn, of the light of peace and
danc - ing star of night, make us shine with gen - tle



sto - ry, shine on ev 'ry land and race. Now as
wis - dom, we can hear your qui - et song. Love that
jus - tice, let us each re - flect your light. Might - y



morn - ing dawns a - round us, we shall raise our songs to
fills the night with won - der, love that warms the wea - ry
God of all cre - a - tion, gen - tle Christ who lights our



you, God of day - break, God of shad - ows, come and
soul, Love that bursts all chains a - sun - der, set us
way, Lov - ing Spir - it of sal - va - tion, lead us



light our hearts a - new. _____
free and make us whole. _____
on to end - less day. _____

P Blessed be the holy Trinity, ✠ one God,
creator of darkness and light,
word of truth,
wind sweeping over the waters.

All Amen.

P Let us confess our sin in the presence of God and of one another.

Silence for reflection

God, our rock and refuge,

All we pour out our hearts before you.

We have known you but have not always loved you.

**We have wounded one another
and sinned against you.**

**We have not always recognized the Holy Spirit
dwelling in each of us.**

Remember your covenant.

Renew your creation.

Restore us,

that we might proclaim your good news to all.

Amen.

P The voice of the Lord is upon the waters.

God has spoken:

The time of grace is now.

In Jesus, the reign of God has come near.

By the authority of ✠ Jesus Christ,
your sins are forgiven.

You are God's beloved.

All Amen.

You may be Seated

Prayer of the Day



All Let my prayer rise up like in - cense be - fore you, the

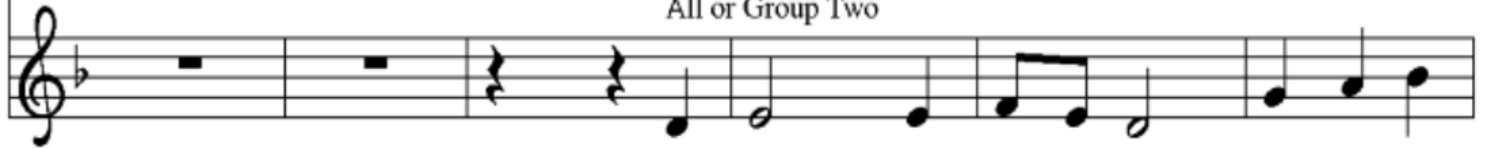


lift - ing up of my hands as an of - fer - ing to you.



Women O God, I call to you, come to me now; oh, hear my

All or Group Two



Men O God, I call to you, come to me



W voice when I cry to you. Let my prayer rise up like



M now; oh, hear my voice when I cry to you. Let my prayer rise



W in - cense be - fore you, the lift - ing up of my hands as an



M up like in - cense be - fore you, the lift - ing up of my



W of-fer-ing to you. Keep watch with - in me, God;



M hands as an of-fer-ing to you. Keep



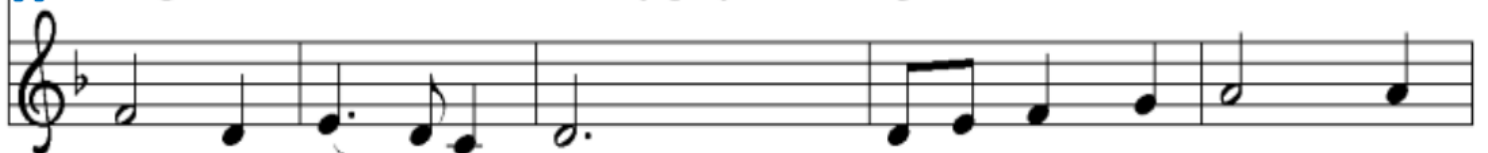
W deep in my heart may the light of your love be burn - ing



M watch with - in me, God; deep in my heart may the light of your



W bright. Let my prayer rise up like in-cense be -



M love be burn - ing bright. Let my prayer rise up like



W fore you, the lift-ing up of my hands as an of-fer-ing to



M in - cense be - fore you, the lift-ing up of my hands as an

W you. All praise to the God of all— Cre - a - tor of

M of-fer-ing to you. All praise to the

W life; all praise be to Christ and the Spir - it of love.

M God of all— Cre - a - tor of life; all praise be to Christ and the

W Let my prayer rise up like in-cense be - fore you, the

M Spir-it of love. Let my prayer rise up like in - cense be -

W lift-ing up of my hands as an of-fer-ing to you.

M fore you, the lift-ing up of my hands as an of-fer-ing to you.

Text: *Holden Evening Prayer*, Marty Haugen, b. 1950, based on Psalm 141
 Music: Marty Haugen
 Text and music © 1990 GIA Publications, Inc., 7404 S. Mason Ave., Chicago, IL 60638. www.giamusic.com. 800.442.3358.
 All rights reserved. Used by permission.

A Reading from Isaiah, the 40th chapter

The Judeans in exile have a good reason to be hopeful: the one who will bring them to freedom is the God who created the world, the God who subdues the rulers of the earth and gives strength to those who are weary.

²¹Have you not known? Have you not heard?

Has it not been told you from the beginning?

Have you not understood from the foundations of the earth?

²²It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in; ²³who brings princes to naught,
and makes the rulers of the earth as nothing.

²⁴Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.

²⁵To whom then will you compare me,
or who is my equal? says the Holy One.

²⁶Lift up your eyes on high and see:

Who created these?

He who brings out their host and numbers them, calling them all by name;
because he is great in strength, mighty in power, not one is missing.

²⁷Why do you say, O Jacob, and speak, O Israel,
“My way is hidden from the LORD,
and my right is disregarded by my God”?

²⁸Have you not known? Have you not heard?

The LORD is the everlasting God, the Creator of the ends of the earth.
He does not faint or grow weary; his understanding is unsearchable.

²⁹He gives power to the faint, and strengthens the powerless.

³⁰Even youths will faint and be weary, and the young will fall exhausted;

³¹but those who wait for the LORD shall renew their strength,

they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Isaiah 40:21-31

L Word of God, Word of Life.

All Thanks be to God!

A Reading from 1 Corinthians, the 9th chapter

God entrusted Paul with the responsibility of bringing the gospel to diverse people. Hence the focus of Paul's ministry is not his own rights or privileges as an apostle but the privilege of serving God by freely sharing the good news of Christ with others.

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel!

¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law.

²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some.

²³I do it all for the sake of the gospel, so that I may share in its blessings.

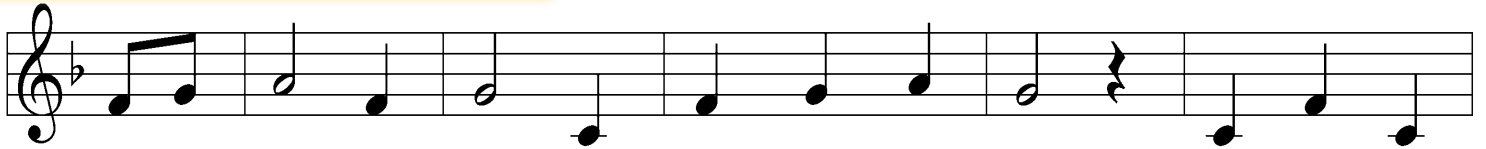
1 Corinthians 9:16-23

L Word of God, Word of Hope.

All Thanks be to God!

Gospel Acclamation

Please stand in body or spirit.



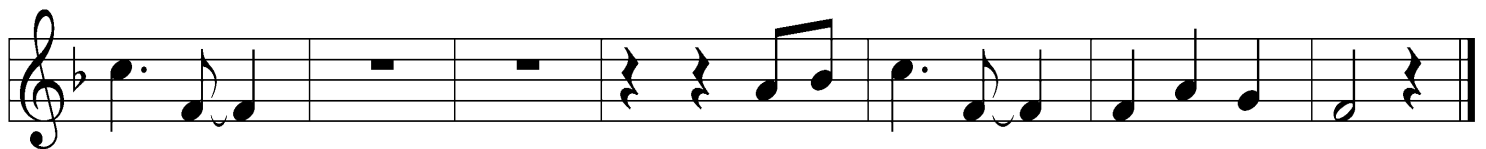
Al - le - lu - ia. Lord, to whom shall we go? You have the



words of e - ter - nal life. Al - le - lu - ia.



Al - le - lu - ia, al - le - lu - ia. Al - le -



lu - ia. Al - le - lu - ia, al - le - lu - ia.

Gospel Reading

P The Holy Gospel according to St. Mark, the 1st chapter.

All **Glory to you, O Lord.**

Everywhere Jesus goes, many people expect him to set them free from oppression.

Everywhere he goes, he heals people and sets them free. Disease, devils, and death are running for their lives. The forces that diminish human life are rendered powerless by Jesus.

²⁹As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he

cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Mark 1:29-39

P The Gospel of our Lord.

All Praise to you, O Christ.

You may be Seated

Message

Pr. Debra Jimenez

Hymn of the Day

Please stand in body or spirit.

Everlasting God

Words and Music by
Brenton Brown and Ken Riley

Strength will rise as we wait_____ up - on the Lord, we will wait_____

_____ up - on the Lord, we will wait_____ up - on the Lord.

Strength will rise as we wait_____ up - on the Lord, we will wait_____

_____ up - on the Lord, we will wait_____ up - on the Lord. Our_____ God,_____

You reign for - ev - er. Our Hope,
 our strong De - liv - 'rer
 You are the ev - er - last - ing God, the ev -
 er - last - ing God. You do not faint, You
 won't grow wea - ry. You're the de - fend - er of the weak,
 You com - fort those in need. You lift
 us up on wings like ea - gles. ea - gles.

Apostles' Creed

P Let us join together with the saints across the ages confessing our faith with the words of the Apostles' Creed.

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,**

born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Prayers of the People

[You may be Seated](#)

L As we celebrate Christ embodied in human form, we pray for God's blessing on the church, the world, and all of creation.



O Lord, hear our prayer we of-fer up to you; O Lord, hear our prayer.

(each prayer petition ends with)

L: God of grace, ***All:* receive our prayer.**

Sharing the Peace of Christ

[Please stand in body or spirit.](#)

In our continued physical distancing out of love for the health of one another, we will share the Peace of our risen Lord by "speaking" that Peace through sign language.

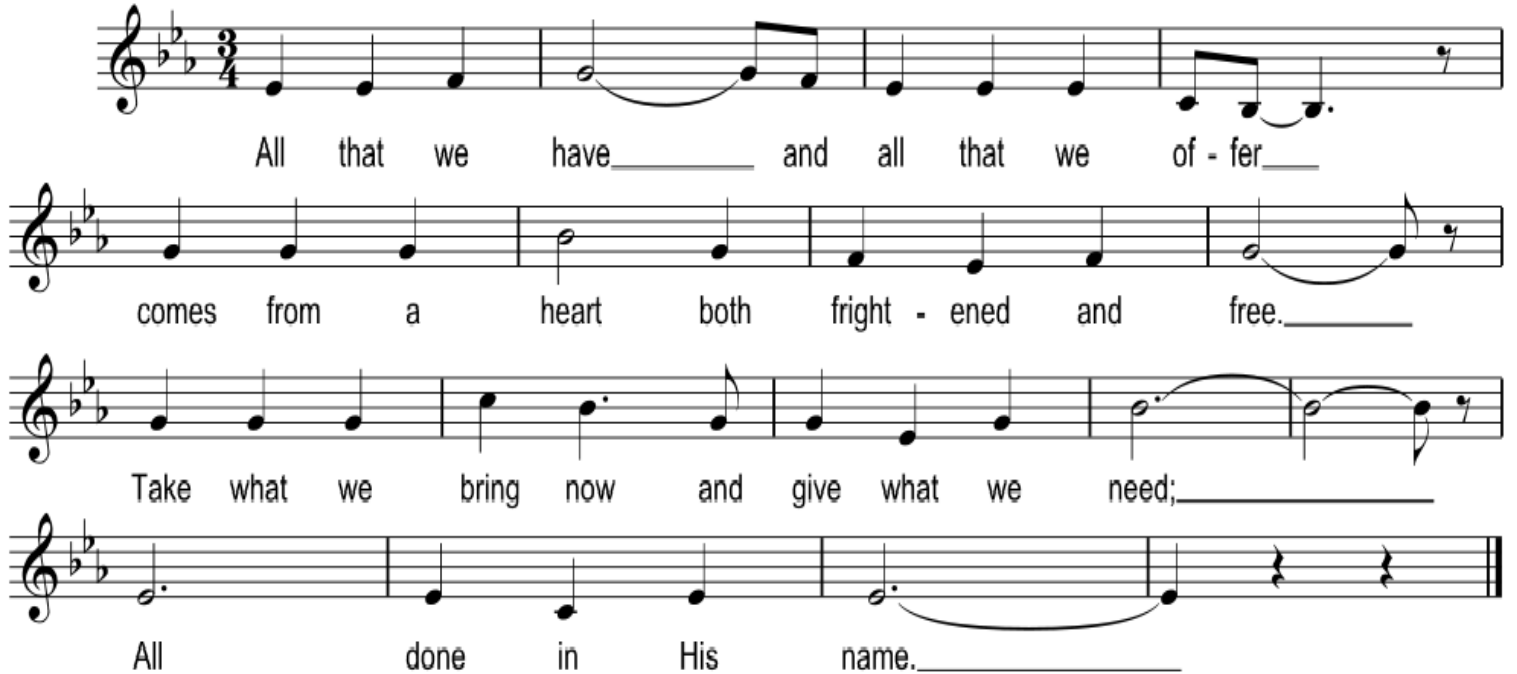
P Christ become Peace with you.

All And also with you.

Offering

You may be Seated

While we still will not physically pass the offering plates we will continue to have the plates available at the entrance to receive your offerings and will lift them up in thanksgiving before the throne of grace.



All that we have _____ and all that we of - fer _____
comes from a heart both fright - ened and free. _____
Take what we bring now and give what we need; _____
All done in His name. _____

Offertory Prayer

P Blessed are you, Holy One,
for all good things come from you.

All As we give back to you a portion of your blessings,
may we be a blessing of your love and light in the world.
In bread and cup you open heaven to us.
Meet us at this table, that we receive what we seek
and follow your Son, Jesus, in whose name we pray. Amen.

The Great Thanksgiving and Words of Institution

P The Lord be with you

All And also with you.

P Lift up your hearts.

All We lift them to the Lord.

P Let us give thanks to the Lord our God.

All It is right to give God thanks and praise.

P In the night in which he was betrayed
our Lord Jesus took bread and gave thanks;
broke it and gave it to his disciples saying:

Take and eat; this is my body given for you.
Do this for the remembrance of me.

After supper, he took the cup, gave thanks,
and gave it for all to drink saying:

This cup is the new covenant in my blood,
shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.

The Lord's Prayer

Please stand in body or spirit.

P Let us approach the throne of grace as we pray as Jesus taught us:

**All Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread; and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.
For Thine is the kingdom, and the power, and the glory,
forever and ever. Amen.**

The Invitation

P At Jesus' table, heaven and earth are joined as one.
Come and see.

Note: the communion cups on the periphery of the tray contain red wine
while the cups in the center contain white grape juice.

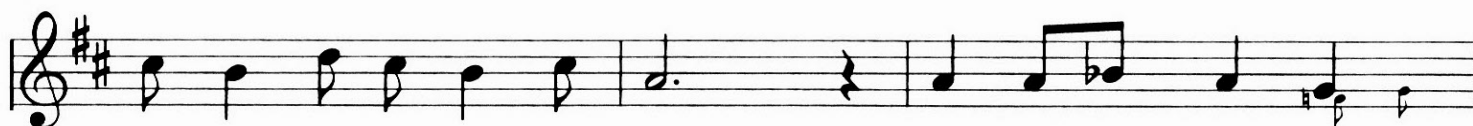
Gluten Free wafers available –ask the communion attendant

Communion Songs

On Eagle's Wings



1 You who . . . dwell in the shel - ter of the Lord, who a -
2 Snares of the fowl - er will nev - er cap - ture you, and
3 For to the an - gels God's giv - en a com - mand to



bide in this shad - ow for life, say to the Lord: "My . . .
fam - ine will bring you no fear; un - der God's wings your . . .
guard you in all of your ways; up - on their hands they will



ref - uge, . . . my . . . rock . . . in whom I . . . trust!"
ref - uge . . . with . . . faith - ful - ness . . . your . . . shield.
bear you up, lest you dash . . . your foot a - gainst a stone.

Refrain



"And I will raise you up on ea - gle's wings,



bear you on the breath of dawn, make you to shine like the



sun, and hold you in the palm of my hand."

Borning Cry



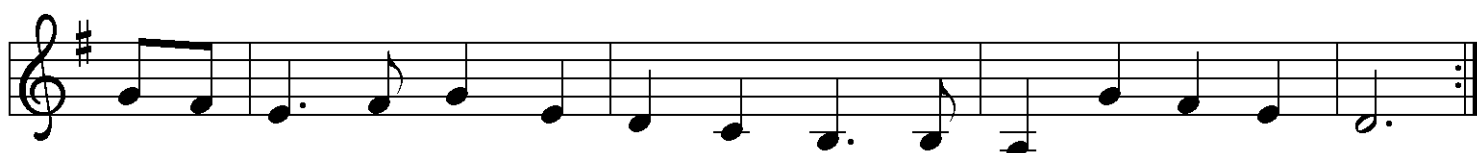
- 1 "I was there to hear your born-ing cry, I'll be there when you are old.
- 2 "When you heard the won - der of the Word I was there to cheer you on;
- 3 "In the mid - dle a - ges of your life, not too old, no lon - ger young,



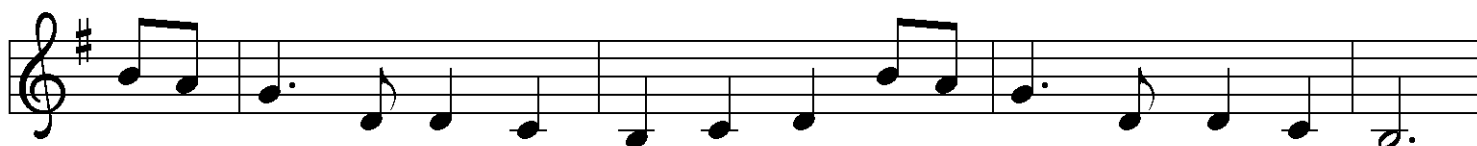
I re - joiced the day you were bap - tized to see your life un - fold.
you were raised to praise the liv - ing Lord, to whom you now be - long.
I'll be there to guide you through the night, com - plete what I've be - gun.



I was there when you were but a child, with a faith to suit you well;
If you find some - one to share your time and you join your hearts as one,
When the eve - ning gent - ly clos - es in and you shut your wea - ry eyes,



in a blaze of light you wan - dered off to find where de - mons dwell."
I'll be there to make your vers - es rhyme from dusk till ris - ing sun."
I'll be there as I have al - ways been, with just one more sur - prise."



- 4 "I was there to hear your born-ing cry, I'll be there when you are old.



I re - joiced the day you were bap - tized to see your life un - fold."

Post Communion Blessing and Prayer

Please stand in body or spirit.

P The body and blood of our Lord Jesus Christ strengthen you
and keep you in his grace.

All Amen

P Let us pray,
Giver of every gift,

**All Christ's body is our food, and we are Christ's body.
Raise us to life by your power
for the benefit of all and to your glory,
now and forever. Amen.**

You may be Seated

Stewardship of Life and Ministry Announcements

Benediction

Please stand in body or spirit.

P God who names you,
Christ who claims you,
and the Holy Spirit who dwells in you,
✠ bless you and remain with you always.

All Amen

Sending

God Is Good All The Time Words and Music by Don Moen & Paul Overstreet

CHORUS



God is good all the time, — He put a song — of praise — in this



heart of mine; — God is good all the time, — through the dark - est night — His



light will shine. — God is good, God is good all the time. —

VERSE



1. If you're walk - in' — through the val - ley, — and there are
2. We were sin - ners, — so un - wor - thy, — still for



shad - ows all a - round; — Do not fear, He will guide you, — He will
us He chose to die, — filled us with His Ho - ly Spir - it, — now we can



keep you safe and sound. 'Cause He has prom - ised to nev - er leave -
stand and tes - ti - fy that His love — is ev - er - last -



— you — not for - sake you, — and His Word is true. God is — Though I
- ing — and His mer-cies — they will nev - er end.

BRIDGE



may not un - der-stand — all the plans You have for — me; My

D.S. al fine



life is in Your hands, and, through the eyes of faith I can clear - ly see. — God is

Dismissal

P Go in peace. You are God's beloved.

All Thanks be to God.



Front Cover:

Photo by [Sylvain Mauroux](#) on [Unsplash](#)

Readings for next Sunday,
February 11th

First Reading:

2 Kings 2:1-12

Psalm:

Psalm 50:1-6

Second Reading:

2 Corinthians 4:3-6

Gospel:

Mark 9:2-9

Music licenses covered by these subscriptions

Used by Permission OneLicense.net A-705915

Used by Permission CCLI LicenSing License # 1924512