

# Daring to Dance Again



May 19, 2024

*Spirit Poured Out*



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Ogden, UT 84404  
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## Welcome to Worship...

Welcome to all God's guests, including those who call themselves "members" of this church named Ascension Lutheran Church more than 50 years ago.

A special welcome to guests who are here for the first time or who call yourselves "visitors" among the people of this community. It is at God's invitation, through worship, the Holy Spirit calls each of us to come to a place of **community, communion and commitment**. Each of us brings a different lens to worship, and yet, in a worshiping community, these differences become celebrations of diversity.

**Children are always welcome in worship services;  
however please know a nursery space is available for  
parents who need to tend to their little ones**

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### Introduction

*Fifty days after Easter, we celebrate the outpouring of the Holy Spirit on Pentecost. Crossing all boundaries that would separate us, the Spirit brings the wideness of God's mercy to places we least expect it—to a crowd of strangers of different lands and tongues, to dry bones, to our weak hearts. Jesus promises his disciples that they will be accompanied by the Holy Spirit, and that this Spirit reveals the truth. We celebrate that we too have been visited with this same Spirit. Guided by the truth, we join together in worship, and then disperse to share the fullness of Christ's love with the world.*

# Dare to Dance Again

## Welcome to Worship

*P* Ezekiel has a vision of a valley full of bones receiving life, breath, sinew, and flesh after encountering the word of God. When they arise, they receive Spirit and they dance! As Easter people we celebrate the Spirit that continues to give life and breath to our dry bones. We dare to dance in the face of fear, in the face of cynicism, in the face of despair. We dare to dance “as long as we live” for we, like the early Christians, are the recipients of the Spirit of God which intercedes even when we think we can’t make it to the dance floor.



Dare to dance with dreamers, sing their song. Dare to dance their stories, sing out strong.  
Dare to dance with freedom your whole life long. Dare to dance a-gain.

*P* The day of Pentecost has arrived and calls us to dance – to dance in the wind and fire of the Spirit, to feel, to allow exuberance to fill our bodies and souls. With those in Jerusalem on that day, may we dare to dream – to imagine – to let our breath be taken away – and to dance!

**♪ ♪ Dare to dance with dreamers, sing their song. ♪ ♪  
Dare to dance their stories, sing out strong.  
Dare to dance with freedom your whole life long.  
Dare to dance again.**

# Confession and Forgiveness

Please stand in body or spirit.

*P* Open yourselves to the grace of Jesus Christ that is always and already available here at this table.

Pray for those who have no earthly tables,  
or no place at a table, and so little daily bread.

**All** We confess this day that we have been slow to join the dance that brings life to all, brings love to all, brings sustenance to all. In silence, let us lift up our prayers of confession...

*P* Hear this good news!

God has loved you from the very beginning.

The invitation of Christ is never-ending  
because resurrection can happen at any moment.

The Holy Spirit is transforming you even now!

In the name of Jesus Christ, we are forgiven!

**All** In the name of Jesus Christ, we are forgiven!  
Glory to God! Amen!

Teach me to dance to the beat of your heart, \_\_\_\_\_ teach me to move  
in the power of your Spir - it, teach me to [move] in the light of your pre -  
- sence, teach me to dance to the beat of your heart. \_\_\_\_\_

## Prayer for this Day

*P* Holy One, Justice-Seeker, Lover of Creation –

**All Praise to you for your indwelling Spirit  
that moves within our lives.**

**Come and dance with us, engage with us, as we seek you –  
so that we can be risen with Christ and in Christ.**

**Be with us now, we pray. Amen.**

[You may be Seated](#)

## A Reading from Acts the 2<sup>nd</sup> chapter

*Originally Pentecost was a Jewish thanksgiving-type festival celebrated seven weeks after Passover. On this particular Pentecost, however, the Holy Spirit is poured out upon the entire community of believers just as Jesus had promised and the scriptures had prophesied. Empowered by the Spirit, the entire community bears witness to God's activity in multiple languages.*

<sup>1</sup>When the day of Pentecost had come, [the apostles] were all together in one place. <sup>2</sup>And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. <sup>3</sup>Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. <sup>4</sup>All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

<sup>5</sup>Now there were devout Jews from every nation under heaven living in Jerusalem. <sup>6</sup>And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. <sup>7</sup>Amazed and astonished, they asked, "Are not all these who are speaking Galileans? <sup>8</sup>And how is it that we hear, each of us, in our own native language? <sup>9</sup>Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, <sup>10</sup>Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, <sup>11</sup>Cretans and Arabs—in our own languages we hear them speaking about God's deeds of power." <sup>12</sup>All were amazed and perplexed,

saying to one another, “What does this mean?”<sup>13</sup> But others sneered and said, “They are filled with new wine.”

<sup>14</sup>But Peter, standing with the eleven, raised his voice and addressed them, “Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say.<sup>15</sup> Indeed, these are not drunk, as you suppose, for it is only nine o’clock in the morning.<sup>16</sup> No, this is what was spoken through the prophet Joel:

<sup>17</sup>‘In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams.

<sup>18</sup>Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy.

<sup>19</sup>And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist.

<sup>20</sup>The sun shall be turned to darkness and the moon to blood, before the coming of the Lord’s great and glorious day.

<sup>21</sup>Then everyone who calls on the name of the Lord shall be saved.’ ”

*Acts 2:1-21*

*L* The Word of the Lord,

**All Thanks be to God!**

## A Reading from Romans the 8<sup>th</sup> chapter

*By pouring the Holy Spirit into our hearts, God gives us the promised first fruit of eternal life so that we await God’s future in hope. In the meantime, the Spirit also intercedes for us by carrying the prayers of our weak human hearts to God.*

<sup>22</sup>We know that the whole creation has been groaning in labor pains until now;<sup>23</sup> and not only the creation, but we ourselves, who have the first fruits

of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. <sup>24</sup>For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? <sup>25</sup>But if we hope for what we do not see, we wait for it with patience.

<sup>26</sup>Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. <sup>27</sup>And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

*Romans 8:22-27*

*L* The Word of the Lord,

**All Thanks be to God!**

## Gospel Acclamation

*Please stand in body or spirit.*

Teach me to love with your heart of com - pas - sion, teach me to trust  
in the word of your pro - mise, teach me to hope in the day of your com -  
- ing, teach me to dance to the beat of your heart.\_\_\_\_

## Gospel Reading

*P* The Holy Gospel according to St. John, beginning in the 15<sup>th</sup> chapter.

**All Glory to you, O Lord.**

*While speaking to his disciples before his death, Jesus refers to the Holy Spirit as “the Helper” and describes the difference the Spirit will make in their lives and in the world.*

[Jesus said,] <sup>26</sup>“When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my

behalf. <sup>27</sup>You also are to testify because you have been with me from the beginning.

<sup>16:4b</sup>“I did not say these things to you from the beginning, because I was with you. <sup>5</sup>But now I am going to him who sent me; yet none of you asks me, ‘Where are you going?’ <sup>6</sup>But because I have said these things to you, sorrow has filled your hearts. <sup>7</sup>Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. <sup>8</sup>And when he comes, he will prove the world wrong about sin and righteousness and judgment: <sup>9</sup>about sin, because they do not believe in me; <sup>10</sup>about righteousness, because I am going to the Father and you will see me no longer; <sup>11</sup>about judgment, because the ruler of this world has been condemned.

<sup>12</sup>“I still have many things to say to you, but you cannot bear them now. <sup>13</sup>When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. <sup>14</sup>He will glorify me, because he will take what is mine and declare it to you. <sup>15</sup>All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you.”

*John 15:26-27; 16:4b-15*

*P* The Gospel of our Lord.

**All Praise to you, O Christ.**

[You may be Seated](#)

Sermon

Pr. Debra Jimenez



# Hymn of the Day

Please stand in body or spirit.

## Holy Spirit, Rain Down

*Refrain*

The musical score is written in G major (one sharp) and 4/4 time. It consists of 14 staves of music. The lyrics are placed below the notes. The score includes a refrain, a main body of text, and a coda. The music features various note values including quarter, eighth, and half notes, as well as rests and repeat signs. The lyrics are: 'Ho-ly Spir-it, rain down, rain down; O Com-fort-er and Friend, how we need your touch a-gain; Ho-ly Spir-it, rain down, rain down; let your pow-er fall, let your voice be heard, come and change our hearts as we stand on your word; Ho-ly Spir-it, rain down. No eye has seen, no ear has heard, no mind can know what God has in store. So o-pen up heav-en, o-pen it wide, o-ver your church and o-ver our lives. Rain down, rain down.'

Ho-ly Spir-it, rain down, rain down; O

Com-fort-er and Friend, how we need your touch a-gain;

Ho-ly Spir-it, rain down, rain

down; let your pow-er fall, let your voice be heard, come and

change our hearts as we stand on your word; *Ho-ly last time to Coda*

Spir-it, rain down.

No eye has seen, no ear has heard,

no mind can know what God has in store. So

o-pen up heav-en, o-pen it wide, *D.C.*

o-ver your church and o-ver our lives. *repeat as desired last time ritard.*

*Coda*

Rain down, rain down.

Text: Russell Fragar

Music: RAIN DOWN, Russell Fragar

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## Apostles' Creed

*P* Let us join together with the saints across the ages confessing our faith with the words of the Apostles' Creed.

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

*You may be Seated*

## Prayers of The People

*WA* Rejoicing that Jesus is risen and love has triumphed over fear, let us pray for the church, the world, and all those in need of good news.



in a life res - ur - rec - ted, teach me to act with com - pas - sion and jus -  
- tice, teach me to dance with the beat of your heart.\_\_\_\_

*(each prayer petition ends with)*

**WA:** God of grace,

**All:** You hear our prayer.

## Passing of the Peace

*Please stand in body or spirit.*

**P** Christ become peace with you.

**All** And also with you.

## Offertory

*You may be Seated*

Give thanks with a grate - ful heart, give thanks to the Ho - ly One,  
give thanks be - cause he's giv - en Je - sus Christ, his Son.  
Give thanks with a grate - ful heart, give thanks to the Ho - ly One,  
give thanks be - cause he's giv - en Je - sus Christ, his Son.



And now let the weak say, "I am strong," let the poor say, "I am



rich," be-cause of what the Lord has done for us. And



now let the weak say, "I am strong," let the poor say, "I am



rich," be-cause of what the Lord has done for us. Give thanks!

## Offertory Prayer

*P* Jesus called his disciples "witnesses" to the possibility of resurrection.

**All** The world is in need of continued resurrection to new life.

**We are called to be witnesses to this journey to newness by offering our resources and our energy to the work of justice and love through our offering today and every day. Amen.**

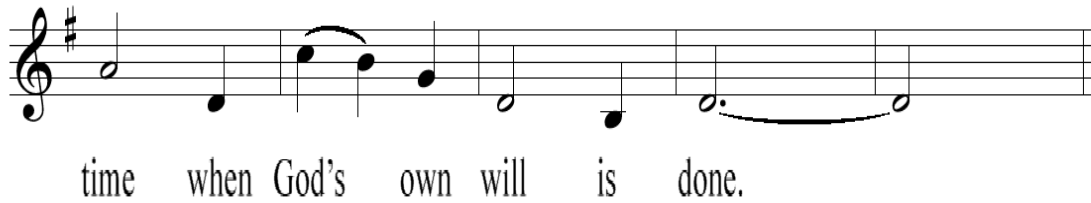
## Holy Communion



1. In re - mem - brance of Me, eat this bread. In re -



mem - brance of Me, drink this wine. In re - mem - brance of Me, pray for the



*P* Holy Living One,  
You transformed a whole lot of nothing into this amazing creation.  
You breathed life all around and called it good.

You invited us to the wonder of it all  
and when we could not face you, you turned us around.

You keep bringing us around and around, time and again,  
offering the chance to join the freedom-dance.

Jesus sat at tables with those who had no place  
and offered fulfilling food for bodies and souls.

And on the night when he would give all love for us,  
he sat at the table with extended family—  
just as he hosts this table here and now with this extended family.

He offered the usual prayers of thanks to you, God,  
over bread and cup, and then disrupted the gathering with  
uncustomary words:

“Take and eat this bread—it is my body given for you.  
Whenever you gather around the table together, remember me.”

“Take and drink from this cup, each and every one—  
it is the sign of a new covenant,  
(for business-as-usual is over and done and the resurrection dance goes on).

This love is poured out for all people.  
Whenever you gather around the table together, remember me.”

2. In re - mem - brance of Me, heal the sick. In re -  
 mem - brance of Me, feed the poor. In re - mem - brance of Me, o - pen the  
 door and let your broth - er in, let him in.

## The Lord's Prayer

*Please stand in body or spirit.*

*P* Make us bold, O merciful God, to address you as our Abba as we pray:

**All** Our Father, who art in heaven, hallowed be thy name,  
 thy kingdom come, thy will be done, on earth as it is in heaven.  
 Give us this day our daily bread; and forgive us our trespasses,  
 as we forgive those who trespass against us;  
 and lead us not into temptation, but deliver us from evil.  
 For Thine is the kingdom, and the power, and the glory,  
 forever and ever. Amen.

Take, eat, and be com - fort - ed, drink and re -  
 mem - ber, too, that this is My bod - y and pre - cious blood shed for  
 you, shed for you. 3. In re - mem - brance of Me, search for truth.  
 In re - mem - brance of Me, al - ways love. In re - mem - brance of Me

don't look a - bove, but in your heart, look in your heart for  
 God. Do this in re - mem - brance of Me. \_\_\_\_\_

## The Invitation

*P* Jesus Christ, risen from the dead,  
 offers everyone a place of welcome at His table of grace.  
 Come to the feast.



Note: the communion cups on the periphery of the tray contain red wine while the cups in the center contain white grape juice.

*Gluten Free wafers available –ask the communion attendant*

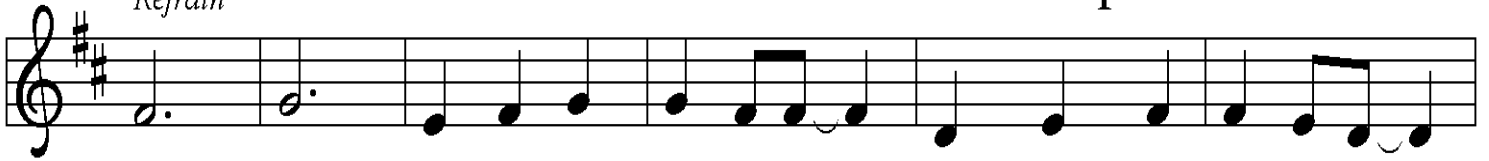
## Communion Songs

Spirit Of The Living God Words and Music by Daniel Iverson

Spir - it of the liv - ing God, fall fresh on me. Spir - it of the  
 liv - ing God, fall fresh on me. Melt me, mold me,  
 fill me, use me. Spir - it of the  
 liv - ing God, fall fresh on me.

# Spirit of Gentleness

*Refrain*



Spir - it, Spir - it of gen - tle - ness, blow through the wil - der - ness



call - ing and free; Spir - it, Spir - it of rest - less - ness,



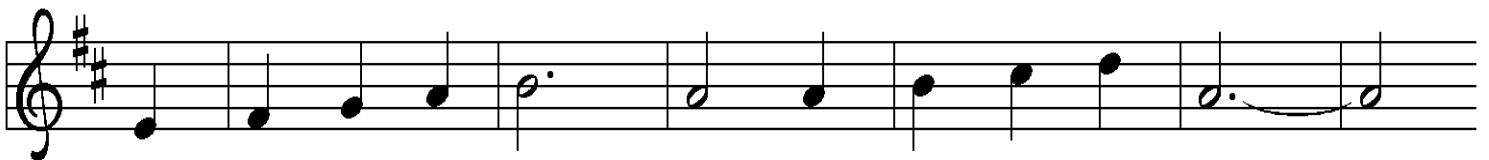
stir me from plac - id - ness, wind, wind on the sea.



- 1 You moved on the wa - ters, you called to the deep,
- 2 You swept through the des - ert, you stung with the sand,
- 3 You sang in a sta - ble, you cried from a hill,
- 4 You call from to - mor - row, you break an - cient schemes.



then you coaxed up the moun - tains from the val - leys of sleep;  
and you goad - ed your peo - ple with a law and a land;  
then you whis - pered in si - lence when the whole world was still;  
From the bond - age of sor - row all the cap - tives dream dreams;



and o - ver the e - ons you called to each thing:  
and when they were blind - ed with i - dols and lies,  
and down in the cit - y you called once a - gain,  
our wom - en see vi - sions, our men clear their eyes.





“A - wake from your slum - bers and rise on your wings.”  
 then you spoke through your proph - ets to o - pen their eyes.  
 when you blew through your peo - ple on the rush of the wind.  
 With . . . bold new de - ci - sions your peo - ple a - rise.

**Dance with Me** Greg Evans



This is ho - ly time We're ga-thered to - ge - ther to wor - ship



you to love one an-oth - er And as we pray And as we



sing And as we dance and as we dream Oh Lord I



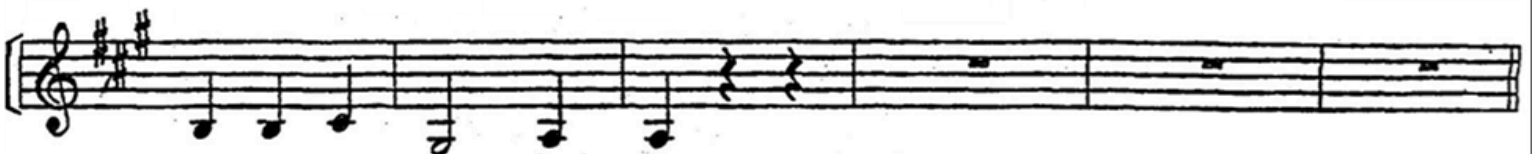
beg of you Just this one thing Won't you



dance with me Throu - out the heav - ens and be - low the sea and



u-upon the moun - tain tops Flow with the breeze Come car-ry me



Lord won't you dance with me. 17

## Post Communion Blessing and Prayer

*Please stand in body or spirit.*

*P* The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace.

**All Amen**

*P* Let us pray,  
Generous God,

**All The table extends beyond this physical space  
and into the space of the Spirit that unites us.  
May the meal we have received ready us to  
love, trust, hope, and dance  
to the beat of God's heart. Amen**

*You may be Seated*

## Stewardship of Life & Ministry Announcements

### Benediction

*Please stand in body or spirit.*

*P* As poet Rainer Maria Rilke said,

“That designing Spirit,  
the mastermind of all things on earth,  
loves nothing so much in the sweeping movement of the dance  
as the turning point.”

The Day of Pentecost is a turning point for the church –  
both then and now!

The Spirit lives in us and still calls us to boldness and brilliance,  
to be filled with hope and love and joy,  
and to dance with the rhythm of that Spirit.

May it be so ✝ in us and in all the church!

**All Amen.**

# Sending Song

## I Danced in the Morning



1. I danced in the morn-ing when the
2. I danced for the scribe and the
3. I danced on the Sab-bath and I
4. I danced on a Fri-day when the
5. They cut me down and I



world was be - gun, And I danced in the moon and the  
 phar - i - see, But they would-n't dance, and they  
 cured the lame: The ho - ly peo - ple said it  
 sky turned black; It's hard to dance with the  
 leap up high; I am the life that - 'll



stars and the sun, And I came down from heav - en and I  
 would-n't fol-low me; I danced for the fish - er - men, for  
 was a shame. They whipped and they stripped and they  
 dev - il on your back. They bur - ied my bod - y and they  
 nev - er, nev - er die; I'll live in you if you'll



danced on the earth; At Beth - le - hem I had my birth. *to vs 2*  
 James and John; They came with me and the dance went on.  
 hung me high, And left me there on a cross to die. *to vs 4*  
 thought I'd gone; But I am the dance and I still go on.  
 live in me: I am the Lord of the Dance, said he.



Dance then wher - ev - er you may be; I am the Lord of the



dance, said he, And I'll lead you all, wher - ev - er you may be, And I'll



lead you all in the dance, said he. dance, said he.

# Dismissal

*P* Alleluia! Christ is risen!

**All** Christ is risen indeed. Alleluia!

*WA* Go in peace. Rejoice and be glad.

**All** Thanks be to God. Alleluia!

Front Cover:

Photo by [Jonny Clow](#) on [Unsplash](#)

Readings for next Sunday,  
May 26<sup>th</sup>  
Trinity Sunday

First Reading:

Isaiah 6:1-8

Psalm:

Psalm 29

Second Reading:

Romans 8:12-17

Gospel:

John 3:1-17



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